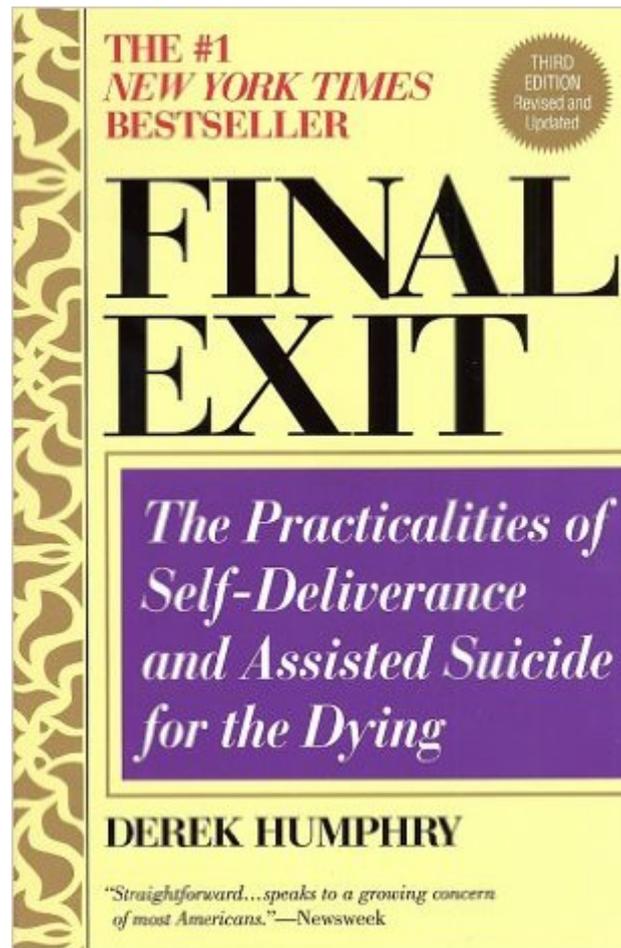


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Final Exit: The Practicalities Of Self-Deliverance And Assisted Suicide For The Dying, 3rd Edition



Synopsis

Published in 2002, the revised, 3rd edition of the bestseller "Final Exit" describes the ways in which a dying person may consider hastening the end of their life if suffering is unbearable. Laws and ethics are outlined in a straightforward fashion. Drug dosage tables and the latest inert gas technique of 'self-deliverance' are explained, with illustrations. Bantam Dell published an updated version in April 2010, known as edition 3.1

Book Information

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Average Customer Review: 4.3 out of 5 stars [See all reviews](#) (210 customer reviews)

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Customer Reviews

+++++After I read this book (first edition published in 1991) by Derek Humphry, I read some reviews of it on this site as well as on other sites. In many cases, I wondered whether a particular reviewer read the same book as I did! There seems to be some confusion as to the purpose of this book. I think the confusion stems from a lack of understanding of two terms. "Suicide" is deliberately ending one's life. It is usually an irrational act. (For the record, I don't believe in irrational suicide.) "Self-Deliverance" is the action of an irreversible ill person (such as a person who is hopelessly ill or is terminally ill) who makes a rational, voluntary decision to end his/her own life. The second of these two definitions is what this book is about. In the author's own words: "Please respect the true intentions of [this book]: the right of a terminally ill person with unbearable suffering to know how to choose to die." Thus, this book is not for the depressed, mentally ill, or suicidal. The author elaborates: "I ask people with suicidal thoughts to share them with family or friends and if this does not help, to call one of the hot lines or help lines listed in their local telephone books." There is an argument that the above three types of people might use the information in this book for their own

early demise (despite the book's warnings) and therefore it should not have been published. But this is like saying tall buildings (or cars or bridges or etc.) should not be built because those with the intension of suicide might use them for an early demise. The fact is a suicidal person will always find a way. Also, this book is not for the religious.

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